

I'm looking to the LORD for my security!

He made everything—including us! (vs. 1, 2)

Jerusalem, with the Temple, was the mountain where God set His presence

The LORD: YHWH, the eternal, self-existing One (Exodus 3:13-15; 6:8)

- 1) **He never Sleeps!** So, I'm secure, have solid footing (vs. 3, 4)

- 2) **He is a Sentry, on Duty!** Therefore, hard times won't scorch me
My Shelter, Shade: a safe place—Person!—we flee to for protection
It's not that we have a refuge; it is WHO our refuge is (Psalms 46; 118:5-16)

- 3) **He is our Strong One!** We can confidently step out, live my live (Matthew 28:18-20)
No need to hunker in the bunker (Isaiah 43)
Fulfill His calling; use your gifts (Romans 12:3-8)

- What are some things you fear, or find yourself worried over?

- When you are tempted to tremble, trust! He is there. Rest in Him.

- Who is like the Almighty, caring for us at all times?! Soak up Isaiah 40

- Anxious? Fix your eyes on Who He is. He's on call, on duty. Mull over
Colossians 3:1-3; Philippians 4:5-9

- Internalize Isaiah 26:3 "You keep him in perfect peace
whose mind is stayed on you,
because he trusts in you." (ESV)

Bonus Words of Hope:

- ✓ Believers: God is actively engaged in every aspect of your life, for His good and glory.
Read and rejoice in Romans 5:1-5; 8:28: 12, 1, 2

- ✓ God made, and loves the littlest, most common bird. How much more valuable are you
than birds or flowers? Read Matthew 6:22-34; 10:29; Luke 12:5-7, 24,27;
Romans 5:5-11; 1 John 4

- ✓ Graze in Psalm 23. Face down even more fears using Psalm 11

When I am afraid,
I put my trust in you.
In God, whose word I praise,
in God I trust; I shall not be afraid.
What can flesh do to me?
(Psalm 56:3, 4—ESV)